

# LUNCH AT SHY'S

Served from 11:30am - 2:30pm

## Starters

### CALAMARI 16

Cornmeal dusted ocean squid, kalamata olives, mango vinaigrette, curry yogurt aioli

### STEAK BITES 15

Crispy coated flash-seared tenderloin, maple garlic sauce, house-smoked aioli

### WINTER-FRIED CAULIFLOWER 15

Toasted cumin, dried apricots, walnuts, pepitas, panko crumbs, yogurt ranch

### GARLIC PARM FRIES 11

hand-cut potatoes, gated parmesan, minced garlic, house-smoked aioli

### ARANCINI 14

breaded risotto balls filled with mozzarella, served in rose sauce with fresh parmesan and herbs

### OLIVE BRUSCHETTA 13

olive tapenade, sun-dried tomato pesto, feta cheese, balsamic drizzle, on garlic toasted ciabatta

### SHY'S GARLIC-CHEESE BREAD 11

ciabatta baguette mounded with our garlic cheese spread, topped with more cheese and oven baked

## Soups & Salads

### ROMO'S TOMATO BISQUE - CUP 7 | BOWL 10

Stewed tomatoes, spanish onions, fennel, basil pesto, croutons

### SEASONAL DAILY SOUP - CUP 7 | BOWL 10

Made fresh in-house daily from local ingredients, ask about today's selection

### CAESAR SALAD -STARTER 10 | MEAL 16

Romaine hearts, house-made dressing, bacon crumble, croutons, shaved parmigiano

### GREEK SALAD -STARTER 11 | MEAL 17

romaine, red onions, bell peppers, cherry tomatoes, cucumber, kalamata olives, feta, honey balsamic

### MOROCCAN CHICKEN SALAD 24

mixed lettuce, chickpeas, cherry tomatoes, goat cheese, mango vinaigrette, walnuts, topped with a Moroccan-spiced grilled chicken breast and curry yogurt aioli

### PROSCIUTTO + APRICOT SALAD 21

arugula + romaine, thin sliced prosciutto, dried apricot, white kidney beans, feta cheese, cucumbers, yogurt ranch, balsamic reduction

### Top Your Salad

5 oz grilled chicken breast 7	4 oz baked salmon 11
5 pcs garlic prawns 8	3 oz grilled portobello cap 5

## Gourmet Sandwiches

Served with your choice of fries, soup or garden salad. Substitute Parm Fries, Caesar or Greek salad - 2

### SHY'S GOURMET BURGER 22

fresh-made ground chuck patty, roasted mushrooms, cheddar and mozzarella cheese, sun-dried tomato pesto, smoked aioli, lettuce, onion, tomato, pickle  
+ add bacon | 1.5

### SHORT RIB 18

braised and pulled short rib, onion jam, roasted mushrooms, horseradish aioli, crispy onions, toasted ciabatta

### PORK SCHNITZEL 17

breaded and fried pork cutlet, yogurt ranch, apple puree, bacon, aged cheddar, shaved fennel, toasted kaiser

### MOROCCAN CHICKEN 18

moroccan spiced chicken, mango chutney, goat cheese, onions, lettuce, tomatoes, curry aioli

### DAILY LUNCH PASTA FEATURE

a unique creation, or a feature of one of our gourmet dinner pastas. Limited quantity based on availability.  
ask your server for today's selection & price

### BUTTERMILK CHICKEN PARM 17

free-range chicken breast, gluten-free breading, topped with marinara and melted mozzarella, on a toasted brioche bun.

### SMOKED MEAT SANDWICH 18

*Aka: the 'Govan'ator*

piled high montreal smoked meat on toasted multigrain, with classic yellow mustard, melted cheese, and house pickles.

### NADA'S PESTO GRILLED CHEESE 17

multi-grain bread, aged cheddar & feta, basil pesto, spinach, sautéed mushrooms, roasted red peppers, red onion jam

### B. L. A. T. 17

crisp applewood bacon, juicy tomatoes, fresh lettuce, avocado slices, and cilantro aioli on big multigrain bread

### EGGPLANT PARM 16

breaded eggplant, melted mozzarella and parmesan, marinara, toasted brioche bun, arugula, onions, house aioli