

LUNCH AT SHY'S

Served from 11:30am - 2:30pm

Starters

ARANCINI 15

breaded risotto balls filled with cheeses and herbs, served with rose sauce

STEAK BITES 17

crispy coated flash-seared tenderloin, maple garlic sauce, house-smoked aioli

SUMMER-FRIED BROCCOLI 16

toasted almonds, caraway, dried cranberries, pepitas, hemp seeds, cilantro aioli

GARLIC PARM FRIES 13

hand-cut potatoes, grated parmesan, minced garlic, house-smoked aioli

FETA BRUSCHETTA 15

whipped feta cheese, caramelized onions, cherry tomatoes, balsamic reduction

SHY'S GARLIC-CHEESE BREAD 13

ciabatta baguette mounded with our garlic cheese spread, topped with more cheese and oven baked

Soups & Salads

FRENCH ONION SOUP - 10

slow braised onions, rich beef broth, toasted crostini, melted cheese

SEASONAL DAILY SOUP - CUP 7 | BOWL 10

made fresh in-house daily from local ingredients, ask about today's selection

CAESAR SALAD - STARTER 11 | MEAL 17

romaine hearts, house-made dressing, bacon crumble, croutons, shaved parmigiano

MOROCCAN CHICKEN SALAD 24

mixed lettuce, chickpeas, cherry tomatoes, goat cheese, mango vinaigrette, walnuts, topped with a moroccan-spiced grilled chicken breast and curry yogurt aioli

WINTER SQUASH + FENNEL SALAD 19

roasted butternut squash and sweet potato, red onion, cucumbers, hemp seeds, shaved fennel, fresh lettuce, horseradish ranch dressing

Top Your Salad

5 oz grilled chicken breast 8

4 oz baked salmon 12

5 pcs garlic prawns 9

breaded chicken parm 10

Gourmet Sandwiches

Served with your choice of fries, day soup or garden salad. Substitute parm fries OR caesar salad - \$2. Substitute French onion soup - \$4

SHY'S GOURMET BURGER 23

fresh-made ground chuck patty, roasted mushrooms, cheddar and mozzarella cheese, sun-dried tomato pesto, smoked aioli, lettuce, onion, tomato, pickle
+ add bacon | 1.5

"BIG MACK'S" BURGER 22

our classic burger with red onion jam, smoked gouda.

Proceeds from this item will be donated to the Gord Downie & Chanie Wenjack Fund | www.downiewenjack.ca

REUBEN SANDWICH 17

shaved smoked meat, sauerkraut, grainy mustard, house aioli, smoked gouda cheese, on grilled multigrain bread

MOROCCAN CHICKEN 18

moroccan spiced chicken, mango chutney, goat cheese, onions, lettuce, tomatoes, curry aioli

FRENCH DIP 17

shaved roast strip loin, onion confit, horseradish ranch, mozzarella, on a pretzel baguette

BUTTERMILK CHICKEN PARM 17

free-range chicken breast, gluten-free breading, topped with marinara and melted mozzarella, on a toasted brioche bun.

CAJUN CHICKEN WRAP 18

cajun grilled chicken breast, arugula, pico de gallo, bell peppers, aged cheddar, cilantro aioli, flour tortilla

MEATBALL NAAN 17

home-made italian meatballs, marinara, mushrooms, peppers, crispy onions, baked with mozzarella, wrapped in naan bread

STEAK CAESAR WRAP 19

sautéed tenderloin pieces, romaine lettuce, crispy onions, Shy's signature caesar dressing, flour tortilla

SALMON ROMESCO BURGER 20

4oz salmon fillet, romesco sauce, pico de gallo, cilantro aioli, arugula, tomatoes, toasted brioche bun

PESTO CHICKEN CIABATTA 18

grilled chicken breast, basil pesto, garlic aioli, roasted red peppers and feta cheese on a toasted bun with arugula, onions and tomatoes

DAILY LUNCH PASTA FEATURE

a unique creation, or a feature of one of our dinner pastas.

ask your server for today's selection & price